

SPOTS



NEWSLETTER

Vol. 19 Issue 18 / June 10, 2017

All School News Click here Page 2	PS Points Click here Page 3	ES Essentials Click here Page 4	MS Messages Click here Page 6	HS Highlights Click here Page 7	MESAC/ ECC Click here Page 10	Community Notes Click here Page 11	Ph7 / Menus Click here Page 12
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Want to skip to your favorite section? Please use banner to help navigate the document. Use "Click here" to jump to your section of interest. You can return to the main page by scrolling back to Page 1 or by typing <ctrl>Home.

MONTH AT A GLANCE

(K-12 All School Event; **PS = Primary School**; **ES = Elementary School**; **MS = Middle School**; **HS = High School**; **DAAPA**; **MESAC/EAC**) We encourage parents to check weekly as occasionally dates or times may change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	WEEKEND
June 2017							
11 PS/ES Day 9 MS/HS Day 1	12 PS/ES Day 10 MS/HS Day 2	13 PS/ES Day 1 MS/HS Day 3	14 PS/ES Day 2 MS/HS Day 4	15 PS/ES Day 3 MS/HS Day 5	16	17	
HS Semester Exams							
Grade 2 Scarf Donations / STS Fill the Bus Campaign							
	ES Library Book Souk			Grade 8 Completion Ceremony 12:15pm DAA Auditorium			
18 PS/ES Day 4 MS/HS Day 6	19 PS/ES Day 5 MS/HS Day 7	20 PS/ES Day 6 MS/HS Day 8	21 PS/ES Day 7 MS/HS Day 1	22 PS/ES Day 8 MS/HS Day 2	23	24	
MS June Week							
HS Semester Exams				Last Day of School 12:00 dismissal			
	Grade 5 Completion Ceremony 8:30 am DAA Auditorium						

Important Announcement for those withdrawing from DAA at the end of the school year:

Please inform Ms. Sora Galbadrakh <s.galbadrakh_daa@gemsedu.com> from the Registrar's office as soon as possible. Final paperwork may be delayed if you have not yet indicated that you are leaving.

GEMS - DUBAI AMERICAN ACADEMY

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ALL SCHOOL NEWS

FROM THE SUPERINTENDENTS' OFFICE



Hello DAA Community,

It has been another exciting week at Dubai American Academy. We have spent time getting to know the new campus with students and teachers at all levels visiting. Our leadership team had a focused session on innovation in education and innovative learning environments. Teachers got hands on with robotics and coding during engaging Professional Development sessions. It has been fantastic having these community building activities to set our journey of travel. DAAPA has also gotten involved and is collaboratively planning exciting events for the 2017-2018 school year.

We spent time getting support staff together and shared the mapping of learning spaces and offices in the new campus. This means the packing process is in full swing and we did a full facilities tour of DAA so we know what is coming with! Many lists and green arrows supporting the logistics of this move. It really is a reflective process combined with spring cleaning.

Much of the shifting will happen over the summer. This includes more than just the physical resources! Our dedicated project manager from GEMS Corporate Office will be there every step of the way liaising with numerous departments to ensure as seamless as transition as possible.

Please remember even in a smooth transition; innovation is messy work! I appreciate your support and flexibility.

Enjoy the week ahead,

Ben Voborsky
Acting Superintendent

For opinions and comments, email
daafuture@gemsedu.com



PRIMARY POINTS (Kindergarten 1 - Grade 2)

FROM THE PS PRINCIPAL'S DESK

Dear PS Parents,

For our students, the transition to the new DAA campus next year holds much excitement, but understandably, also some reservations. I am sure that for many of you, your child has already expressed what he might be worried about with this move. Below are some ways that you can support them with this transition:

- Have them pose for pictures at their favorite play structure on the playground, in front of their cubby, or at their class door as these pictures will help them to honor their memories of the "old DAA"
- Encourage them to write or draw a book of their favorite things about DAA
- As a family, visit the new school now or before school begins, to tour the school grounds and facilities
- Drive the new route to school
- Look at playgrounds, gym, fields, the cafeteria, etc. to start to get a sense of the space, etc.

GRADE 2 RAMADAN INITIATIVE

Dear Families,



Ramadan Kareem!!

Ramadan is the time of giving. In second grade we have been talking about how lucky we all are that we have shelter, we have food, we can go to school, and we are loved by family and friends.

We have been thinking about a way of how we can help a big number of people with a small gesture: We are asking DAA families to donate scarves for construction workers, who are working so hard in the heat while many of them are abiding by the Islamic traditions of fasting. Scarves protect the workers from the sun, keep them just a little bit cooler and can keep the dust away.

Scarves can be small or large but they should be made of a light material (cotton and not pashmina).

From June 11- 15 there will be boxes in the foyer, where you can drop off your scarf donations. The scarves will be delivered to the Ministry of Labor and distributed to the construction workers.

Thank you so much, and
Ramadan Kareem

Upcoming Events:

June 21	Report cards mailed home
June 22	Last day of school 12:00 Dismissal (no lunches served)

Best Regards,

Laura King and Nathalie Salameh
PS Administrative Team



ELEMENTARY ESSENTIALS Grades 3-5

FROM THE ELEMENTARY SCHOOL OFFICE

What a great year! While there are still a two weeks to go, I want to thank all of you for your support of the Elementary School teachers and program this year. We are proud of all that we have achieved together with you.

Remember to take time to enjoy the many special small moments within these last busy weeks!

Book Souk: It's time for the annual Book Souk in the library! **The Book Souk will take place Monday, June 12.**

The Book Souk is an opportunity for students to trade in good quality, Elementary-School-age-appropriate books for other students' gently used books.

This is an optional activity. Interested students should bring **up to 5** (only) books they would like to trade to the library anytime until Monday morning, June 12.

Clean off your shelves at home, and get some free summer reading material for the kids! Please join us!

Grade 5 Completion Ceremony: The Grade 5 Completion Ceremony will be on **Monday, June 19th** for all Grade 5 students. Parents of Grade 5 students are invited to join the ceremony at 8:30am in the auditorium. Grade 5 students will be allowed to leave with their families following the ceremony (this does not include other students in the Elementary or the siblings of grade 5 students). Invitations will be sent home with students with more information later. The dress for for grade 5 students on this special occasion will be 'smart': collared shirts and dress pants for boys; modest dresses/skirts for girls (no bare shoulders), dressy sandals or shoes.

The Mawada Project - Helping the Refugee Children in Syria (from our Student Council Teacher Leader, Dana Connors): There are over 5 million Syrian refugees and almost 1/2 are children ages 0-17. Students at DAA and Nations wanted these children to feel loved and cared for during their Eid celebrations. GEMS partnered with the Mawada project to make refugee's Eid wishes come true. On Wednesday, June 7th, students from DAA visited Nations, to work alongside representatives from the Mawada project. Students made dolls for refugee children living in a refugee camp in Jordan. It was an amazing experience and many dolls were made to be delivered in time for Eid (check out our pictures on this page!)

Over the next two weeks, our Grade 4 and 5 students will have an opportunity to also get involved and make dolls and support this worthwhile cause. The lessons our students learn, in addition to seeing student power at work, means that both the children giving and receiving will be rewarded by this experience.



ELEMENTARY ESSENTIALS Grades 3-5, continued

From the Counselor:

TIPS TO PREVENT SUMMER BRAIN DRAIN

- Think of your summer vacation as a teachable moment and use opportunities to get your kids reading, doing math, learning geography without them even realizing it. If you plan to travel let kids go online to one of the travel sites to help ³research² the journey to and from the vacation site as well as interesting places to visit around the vacation site. Find things for kids to measure or add up, talk about the weather or the oceans these activities may help exercise young minds.
- Make sure your child is reading. Research shows that children who are not reading will lose many of the skills and information gained during the school year. Lisel Rosenthal suggests organizing a book club for kids. It is a great way to foster a love of reading and get kids talking about books. Utilize the public libraries, take kids to bookstores and allow them to choose books they would like to read for fun.
- Museums, the zoo, aquarium, planetarium, concerts and parks also provide opportunities for learning while having fun. Have kids keep a journal (writing skills) of their activities and perhaps e-mail friends and relatives about what they are doing.
- Build or bake. When kids build or bake they learn about reading directions and measuring and it is good for their self-esteem when they create and share the finished product.

KEEP IT BALANCED AND KEEP IT FUN

It is probably a good time now to think of how to keep these young brains stimulated and bodies moving over the summer vacation. Keep it simple, fun and exciting. But don't forget that summer is also for relaxing, playing, taking time off and just being a kid.

Yearbook: If you haven't already ordered your yearbook for the 16-17 school year, you may still order one through the ES Office for AED100. Yearbooks will be distributed during the last week of school. Please note that the Primary school has their OWN yearbook and can be ordered at the PS OFFICE.

Report Cards: Report Cards will be emailed home on Wednesday, June 21st. Please ensure that all textbooks and library books have returned to avoid having your report card held.

Last day of school: Thursday, June 22nd at 12pm.

Respectfully,
Roberta Wiens and Kit Wilding
ES Admin Team



MIDDLE SCHOOL MESSAGES (Grades 6-8)

FROM THE MIDDLE SCHOOL OFFICE

As this is the last full Spots of the year, on behalf of MS Admin and the entire MS Staff, we want to take this opportunity to thank our DAA middle school community for another fantastic year. We have been so impressed with the drive, talents, thoughtfulness and eagerness to learn that has been demonstrated by our students. As we pack up and get ready to move to the new campus, we are feeling nostalgic about our current DAA home and excited about all that is made available for us in our new home. For those of you that are moving away, we will miss you and wish you all the best. For those continuing on with us, we look forward to making history together - see you in September!

Final Reporting - TRC/Library: We kindly ask parents to check in with your Middle Schooler to see if there are any outstanding books due to the library. In addition, as students return texts to the TRC, we often find that some items are missing. Our Semester 2 reports will be emailed out on June 22nd as long as all books/texts have been returned to the library and TRC. Students are encouraged to check carefully to ensure that accounts are clear.

Yearbooks: We are planning on having a time on Wednesday for students to get their yearbooks signed by friends. If you haven't yet purchased your yearbook, you can do so at the reception. Yearbooks cost 100 AED.

Grade 8 Completion Ceremony: We are excited to celebrate all the accomplishments of our middle school 'seniors' before they move up to high school and become the 'freshman'. On Thursday, June 15th at 12:15pm we will hold a ceremony in the auditorium to celebrate the end of this phase in their journey. We will have a time after this ceremony for families and friends to take pictures with one another in the cafeteria. In the evening, starting at 7:00pm until 9:00pm, the grade 8 students will have their very own dance in the cafeteria.

June Week - June 18th to 22nd: As we did last year, we are planning to host our second annual June week activities. During the week of June 18th to 22nd, we will follow a different schedule and focus on different ways of learning. Our goal is to create alternative learning experiences that provide students with the opportunity to take risks and explore topics that are not a part of our normal curriculum but are essential life skills. On June 18th, students will build their own schedule for the week. Here is the [JUNE WEEK](#) information guide for students to look at to help them figure out what works best for them. During this week, we are also planning some student tours of the new campus. In order for students to get on the bus, they will need to bring back a [permission slip](#) to leave the campus. They have been provided with a hard copy, but in case it is lost, we are providing a link to print off a new one. Dress for June Week should be regular uniform, color house shirt with jeans or PE shorts or their PE kit. They will need to dress based on the activities they choose to partake in.

MOGA - June 22nd: We will host our final MOGA activities on Thursday, June 22nd from 8:30am until noon. Students should wear their color house shirt with PE shorts and proper running shoes. Students will not have access to their lockers and should not bring their computer.

Student Council 2017-18: We are normally announcing at this time our new President and Vice President for the middle school. We have decided to wait until we are in the new building and have all of our students who can participate in the vote. We would like to send a huge thank you to Rita Dahi, Ameer Amdani, Emir Yucedag and the grade level representatives who were part of our Student Council this year. We would also like to thank Ms. Moffat and Ms. Cantu for all the work they have done with the students.

Starting 2017-18: We would like to share the [beginning of year information and school supply list](#) with all of you so you can start preparing over the summer.

Warmest regards,
Joan Wiens and Luke Spencer
MS Admin



HIGH SCHOOL HIGHLIGHTS (Grades 9-12)

END OF YEAR RETURN PROCEDURES FOR TRC MATERIALS – HIGH SCHOOL

Dear Parents,

Please follow these guidelines for the collection of all TRC Resources at the end of year. High School: The last day for returning student books is on the exam day of the course.

- All students will receive an exam permit to take the exam (this will mean that they have been to TRC to return their books and spoken with TRC staff.
- All students are required to return the books/novels of the subject in which they will be taking their exam. So if they have two exams on the same day, they will have to come to the TRC twice to receive their exam passes and turn in books.
- Lost/damaged books will have to be paid for by the student concerned. In case the book/resource is found, the money will be refunded. Report cards, diplomas and transfer certificates will be held until all accounts are cleared.

Thank you for your continuous help and support.
Souraya Itani, HS TRC

FROM THE HIGH SCHOOL OFFICE

What just happened.....?

Awards and Graduation 2017 - We had a great awards ceremony on Wednesday, May 31st where over 150 awards and recognitions were presented. At the end the Seniors presented their gift on stage. DAA 2017 in giant lettering! This was followed by our Senior graduation on Thursday, June 1. Congratulations to all our graduates and we wish you all the best wherever life may take you.



Cagebirds

On Tuesday, June 6, our Student Ensemble Class presented a play to their peers. The piece, an absurd piece which questions conformity and society, was student led with Yamini Jain directing and the class as a whole adding elements of Theatre of Cruelty and Epic Theatre that they had learned about in class. In this extraordinary play, a "room", a "cage", "people" and "captive birds" all become confused until a dramatic climax in which we suddenly see reality. Six characters live in a locked room, each absorbed in her own petty interest and in placating the "Mistress" who takes care of them. Then a "Wild One" is thrust in among them. She talks of breaking out of the room to find freedom. She troubles the others who remain secure in their cage, until they all join against her in the shattering conclusion.



HIGH SCHOOL HIGHLIGHTS, continued



Ninth and Tenth Grade Elective Classes Share their fairytales with PS/ES

Last week, the ninth and tenth grade Group Theatre classes went over to the Elementary School from Monday through Thursday to share fairytales that they had either scripted or devised in groups. Group theatre focuses on the building blocks of devising and creating drama working on Mask, Mime, Drama Conventions and scriptwriting. Students took on an individual role in the group as performer, designer or director. Students went from KG through Grade 5 sharing their fairytales with the



attentive students. There is nothing quite like the feeling of performing live and having one's work appreciated by a live audience. Huge thanks to the Primary and Elementary classes and teachers for welcoming us.



THEATRESPORTS®

Theatresports is back again in the High School in association with The Courtyard Playhouse Theatre in Al Quoz. **Theatresports** is a form of improvisational theatre which uses the format of a competition for dramatic effect. Opposing teams can perform scenes based on audience suggestions, with ratings by the audience or by a panel of judges. Developed by director Keith Johnstone in Canada in 1977, the concept of Theatre sports originated in Johnstone's observations of techniques used in professional wrestling to generate heat, or audience reaction. DAA has a team of six budding enthusiasts who spent the past 4 weeks training. At the end of the 4 weeks, there will be an inter-school tournament at The Courtyard Theatre in Al Quoz. DAA HS students have won the tournament twice and have been runner up once. Good luck to all students involved. See our students in action [here](#)



HIGH SCHOOL HIGHLIGHTS, continued



Thank you so much for all your fantastic submissions for the Photography Competition. There's a really great variety of work from both teachers and HS students.

The exhibition is on permanent display in the MS/HS reception area. (See photos)
Please stop by and pick your favorite image from each category. "Vacation Destination" "Neighborhood" and "Digital/Instagram"



Winners to be announced next week!



QUICK REFERENCE TO SEMESTER TWO EXAMS 2017

IB I Exams (Grade 11) Ramadan times are between 8:30 - 1:30

TIME	June 11	June 12	June 13	June 14	June 15	June 18	June 19
Classroom	Sun	Mon	Tues	Wed	Thurs	Sun	Mon
8:30-10:00	English SL (Lit only) English 11	History HL / SL	Math St Math Ap	Psychology HL/SL	ITGS HL/ SL	Spanish HL/ SL AB initio	Computer Science/ HL /SL
8:30-10:30	English HL (Lit only) Lang & Lit doing IOCs*		Math SL Math HL	Chemistry 11/12	Biology SL and HL		Music HL /SL Conflicts
	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK
11:00 -12:30	Business HL/SL	French HL/ SL/ AB	Economics HL /SL	DT HL /SL	Arabic SL/HL		Conflicts
11:00 - 1:00				Chemistry HL / SL ESS HL / SL	Arabic A	Physics HL / SL	

*A separate timetable will be shared with the students by the English department for the IOC s

Grades 9 + 10 Ramadan timings are between 8:30 - 1:30

TIME	June 13	June 14	June 15	June 18	June 19
Classrooms	Tues	Wed	Thurs	Sun	Mon
8:30 - 10:00	History 10 Math 9	English 10 History 9	Science 10 English 9	Math 10 Science 9	Conflicts
	BREAK	BREAK	BREAK	BREAK	BREAK
11:00- 12:30	French II, III, IV	Spanish II, III, IV	Arabic, I, II, III, IV	Arabic Native 9 & 10	Conflicts

ATHLETICS AND ACTIVITIES



EAC

Emirates Athletics Conference



Dubai American Academy MESAC Athletics & Activities Schedule 2017-2018



Season	Event / Activity	Dates	Host School
1	JV Volleyball	November 1 - November 5	ACS - UAE
1	Varsity Volleyball	November 1 - November 5	ASDubai - UAE
1	JV & Varsity Swimming	November 1 - November 5	DAA - UAE
1	JV & Varsity Academic Games	November 2 - November 5	ASDoha - QATAR
1	Open Golf	October 31 - November 2	ABA - OMAN
2	JV Soccer	January 31 - February 4	ACS - UAE
2	JV Basketball	January 31 - February 4	ABA - OMAN
2	Senior Fine Arts	February 2 - February 6	AES - INDIA
2	Varsity Soccer	February 7 - February 11	ASDoha - QATAR
2	Varsity Basketball	February 7 - February 11	ASDubai - UAE
2	Open Tennis	February 7 - February 11	DAA - UAE
2	Open Cross Country	February 8 - February 10	DAA - UAE
3	Forensics	April 12 - April 16	ASDubai - UAE
3	JV Softball / Baseball	April 12 - April 16	AES - INDIA
3	Varsity Softball/Baseball	April 11 - April 15	DAA - UAE
3	JV & Varsity Badminton	April 11 - April 15	ABA - OMAN
3	JV & Varsity Track and Field	April 11 - April 14	ASDoha - QATAR



COMMUNITY NOTES

SUMMER HOLIDAY CAMPS

Dear Parents,

As we look towards the fast-approaching Summer Holiday, DAA would like to recommend the ESM Multi-Activity Camp to all families, which will be running at multiple different venues during the holidays.

ESM, winners of the SPIA 2017 Gold Award for Best Sports Youth Academy or Organization have an outstanding reputation providing safe, fun and fulfilling activities to ensure your child enjoys the school holidays with qualified sporting professionals.

Children between the ages of 4 and 11 years old will have lots of fun staying active with various sports & activities on offer, using our very own indoor facilities. Activities will include mini-tennis, basketball, karate, dodgeball, football, arts & crafts and fun splash sessions with the additional option of swimming lessons.

Bus Transportation is provided to the closest venue to where you live and needs to be booked before the 18th June 2017!

Camp timings:

- Drop off is from: 08:15
- Activities Start: 09:00
- Activities Finish: 13:30
- Pick up is from: 13:30 -13:45

All GEMS students receive a 30% discount on weekly bookings when registering and paying online at www.esportsholidaycamps.com/page/registration

What to bring: Swimming kit, Towel, Water bottle, Snack and Lunch Everyday

Click on the link to find out more: [Summer camp Booklet](#)

If you have any questions, please email holidaycamp@esm.ae

We look forward to welcoming you!
ESM Holiday Camp Team

HOLIDAY CAMP

NURSERY CAMP
2ND - 27TH JULY 2017
AGES 1 - 3 YEARS
• DANCE & MUSIC
• ARTS & CRAFTS ACTIVITIES
• QUALIFIED & MINISTRY CERTIFIED TEACHERS
• EARLY YEARS SPECIALISTS

MULTI ACTIVITY CAMP
25TH JUNE - 5TH SEPTEMBER 2017
AGES 4 - 11 YEARS
• 100% HEALTH & SAFETY RECORD
• PREMIUM SCHOOL FACILITIES
• INFLATABLE BOUNCY CASTLES
• AQUA FUN SESSIONS

YOUTH SPORTS CAMP
2ND - 27TH JULY 2017
AGES 12 -16 YEARS
• PROFESSIONAL COACHING & TEACHING
• PERFORMANCE EVALUATION
• PREMIUM SPORTS FACILITIES

30% DISCOUNT TO ALL GEMS STUDENTS

IS YOUR CHILD CREATIVE? LOVES TO BE ACTIVE? WANTS TO TAKE THEIR GAME TO THE NEXT LEVEL?

ESM HOLIDAY CAMP NOW OFFERS 3 AGE SPECIFIC CAMPS DURING THE SUMMER.

SIGN UP NOW FOR AN ENRICHING CAMP EXPERIENCE THEY'LL REMEMBER FOR A LIFETIME.

FOR REGISTRATION & ENQUIRIES: T: 04 443 4188
E: holidaycamp@esm.ae
W: holidaycamp.ae

esm | GEMS EDUCATION

MAKE RAMADAN DREAMS COME TRUE WITH STUFF THE BUS!

School Transport Services (STS) is sponsoring **STUFF THE BUS**, a Ramadan school supply and gift drive. Items can be dropped off in the PSES Foyer.

Make dreams come true this Ramadan by donating any of these items for less privileged children:

- School supplies
- Lunch boxes
- Games & toys
- Any other gifts

Please don't forget to collect your free goodie bag in return! Thank you for your support.



WEEKLY MENUS

Primary/Elementary School Menu

DAA JUNIOR SPRING MENU					
	14th, 28th, 11th, 25th SUN	15th, 29th, 12th, 26th MON	16th, 30th, 13th, 27th TUE	17th, 31st, 14th, 28th WED	18th, 1st, 15th, 29th THUR
MAIN 1	Chicken Supreme	Sweet & Sour Fish	Sloppy Joes	Baked Chicken Tenders	Shish Tawook with Vegetables
	Chicken Breast, Onion, Tomato, Garlic, Green Capsicum, Lemon Juice, Mustard Paste, Tomato Ketchup, BBQ Sauce, White Pepper, Olive Oil, Salt	Fish Fillet, Eggs, Green -Red-Yellow Capsicum, Carrot, Onion, Wheat Flour, Breadcrumbs, Tomato Ketchup, Garlic, Ginger, Pineapple Slices, Sunflower Oil, White pepper, Salt	Beef Topside, Eggs, Breadcrumbs, Burger bun, Tomato, Green Capsicum, Fresh Parsley, Carrots, Leeks, Celery, Onion, Chopped Tomato, Garlic, Oregano, Sunflower Oil, White pepper, Salt	Chicken Breast, Eggs, Wheat Flour, Corn Flour, Breadcrumbs, Garlic, Sunflower oil, White pepper, Salt,	Chicken Breast, Red Onion, Tomato, Green Capsicum, Garlic, Orange, Lemon Juice, Arabic Chilli paste, Cardamom powder, Sunflower Oil, White pepper, Salt
MAIN 2	Beef Lasagne	Rainbow Fusilli	Creamy Corn & Carrot Fettucine		Penne Arabiatta/Bolognese
	Beef Topside, Cauliflower, Green Beans, Marrow, Carrots, Green Peas, Leeks, Celery, Onion, Chopped Tomato, Garlic, Oregano, Sunflower Oil, Salt	Fusilli pasta, oil, salt, tomato, sugar, onion, oregano, white pepper	Pasta Fettucine, Cauliflower, Carrots, Corn, Milk, Cheese, Butter, salt, white pepper, oil		Penne Pasta, Carrots, Leeks, Celery, Onion, Tomato, Black Olives, Garlic, Basil, Parmesan Cheese Powder, Olive Oil, Salt -- Penne Bolognese: Minced Beef (including ingredient above)
VEGETARIAN MAIN	Vegetable Lasagne	Vegetable Paneer Masala	Vegetable Cakes	Mac N Cheese	Soya Manchurian
	Cauliflower, Green Beans, Marrow, Carrots, Green Peas, Leeks, Celery, Onion, Chopped Tomato, Garlic, Oregano, Mozzarella, Pasta Lasagna, Sunflower Oil, Salt	Cheese Paneer, Plain Yoghurt, Tomato, Onion, Green Capsicum, Chopped Tomato, Garlic, Sunflower Oil, Salt, Sugar	Potato, Green Beans, Marrow, Carrots, Green Peas, Leeks, Celery, Onion, Chopped Tomato, Garlic, Oregano, Eggs, Breadcrumbs, Wheat Flour, White pepper, Salt	Macaroni Pasta, Cauliflower, Garlic, Oregano, Mozzarella, Sunflower Oil, White Pepper, Salt	Soya Chunks, Red-Yellow Capsicum, Carrot, Onion, Ginger, Garlic, Flour, Soy Sauce, Sunflower Oil, White Pepper, Salt
SIDE VEG	Honey Glazed Carrots	Cauliflower Florets	Garden Peas	Broccoli Forest	Rainbow Veggies
	Carrots, Natural Honey, Fresh Parsley	Cauliflower, White pepper, Salt	Garden Peas, White pepper, Salt	Broccoli, White pepper, Salt	Cut Vegetable Mix, White pepper, Salt
STARCH	Tomato Rice	Peas Rice	Paprika Potatoes	Potato Wedges	Basmati Rice
	Basmati Rice, Tomato Paste, Onion, Garlic, Sunflower oil, Salt	Basmati Rice, Green Peas, Onion, Sunflower oil, Salt	Potato, Paprika, Olive Oil, Salt	Potato Wedges, Egg, Salt, Mixed Spices	Basmati Rice, Salt

Middle/High School Menu

DAA SENIOR SPRING MENU					
	14th, 28th, 11th, 25th SUN	15th, 29th, 12th, 26th MON	16th, 30th, 13th, 27th TUE	17th, 31st, 14th, 28th WED	18th, 1st, 15th, 29th THUR
MAIN 1	Chicken Supreme	Chicken Tikka Masala	Chicken Biryani with Raita	Baked Chicken Tenders	Shish Tawook with Vegetables
	Chicken Breast, Onion, Tomato, Garlic, Green Capsicum, Lemon, Mustard Paste, Tomato Ketchup, BBQ Sauce, White Pepper, Olive Oil, Salt	Chicken Breast, Onion, Tomato, Green Capsicum, Garlic, Ginger, Yoghurt, Fresh Coriander, Indian Spices, Sunflower Oil, Salt	Chicken Breast, Basmati Rice, Onion, Tomato, Garlic, Ginger, Mint, Yoghurt, Fresh Coriander, Indian Spices, Sunflower Oil, Salt	Chicken Breast, Eggs, Wheat Flour, Corn Flour, Breadcrumbs, Garlic powder, Ginger powder, Cajun spice, Curry powder, Sunflower oil, White pepper, Salt	Chicken Breast, Onion, Tomato, Green Capsicum, Garlic, Orange, Lemon, Arabic Spices, Sunflower Oil, White pepper, Salt
MAIN 2	Beef Lasagne	Sweet & Sour Fish	Sloppy Joes	Chicken Curry	Penne Arabiatta/Bolognese
	Minced Beef, Carrots, Leeks, Celery, Onion, Tomato, Garlic, Oregano, Mozzarella cheese, Pasta Lasagna, Cauliflower, Sunflower Oil, Salt	Fish Fillet, Eggs, Green -Red-Yellow Capsicum, Carrot, Onion, White Flour, Tomato Ketchup, Garlic, Ginger, Pineapple, Sunflower Oil, Salt	Minced Beef, Eggs, Breadcrumbs, Burger bun, Green Capsicum, Fresh Parsley, Carrots, Leeks, Celery, Onion, Tomato, Garlic, Oregano, Sunflower Oil, Salt	Chicken Breast, Onion, Tomato, Garlic, Ginger, Fresh Coriander, Tomato, Indian Spices, Cream, Sunflower Oil, Salt	Penne Pasta, Carrots, Leeks, Celery, Onion, Tomato, Black Olives, Garlic, Basil, Parmesan Cheese Powder, Olive Oil, Salt -- Penne Bolognese: Minced Beef (including ingredient above)
VEGETARIAN MAIN	Vegetable Lasagne	Vegetable Paneer Masala	Vegetable Cakes	Mac N Cheese	Soya Manchurian
	Cauliflower, Green Beans, Marrow, Carrots, Green Peas, Leeks, Celery, Onion, Tomato, Garlic, Oregano, Mozzarella, Pasta Lasagna, Sunflower Oil, Salt	Cheese Paneer, Plain Yoghurt, Tomato, Onion, Green Capsicum, Garlic, Fresh Coriander, Ginger, Indian Spice, Sunflower Oil, Salt	Potato, Green Beans, Marrow, Carrots, Green Peas, Leeks, Celery, Onion, Tomato, Garlic, Oregano, Eggs, Breadcrumbs, White Flour, Sunflower Oil, Salt	Macaroni Pasta, Cauliflower, Garlic, Oregano, Mozzarella cheese, Parmesan Cheese, Sunflower Oil, White Pepper, Salt	Soya Chunks, Red-Yellow-Green Capsicum, Carrot, Onion, Ginger, Garlic, Flour, Soy Sauce, Sunflower Oil, Salt
SIDE VEG	Honey Glazed Carrots	Cauliflower Florets	Garden Peas	Broccoli Forest	Rainbow Veggies
	Carrots, Natural Honey, Fresh Parsley	Cauliflower, Salt	Garden Peas, Salt	Broccoli, Salt	Cut Vegetable Mix, Salt
STARCH	Tomato Rice	Peas Rice	Paprika Potatoes	Saffron Rice/ Potato Wedges	Basmati Rice
	Basmati Rice, Tomato, Onion, Salt	Basmati Rice, Green Peas, Sunflower oil, Salt	Potato, Sweet Paprika, Olive Oil, Salt	Basmati Rice, Saffron, Salt /Potato Wedges, Egg, Salt, Mixed Spice	Basmati Rice, Salt

*Each value meal includes a water cup and cut vegetables

Some menu changes may occur based on availability

CAFETERIA MENUS

