Vol. 17 Issue 16 / May 16, 2015 NEWSLETTER

DAAPA PS All School ES MS HS MESAC/ Menus News News **Points** Essentials Messages Highlights **EAC** Click here Page 7 Page 9 Page 10 Page 2 Page 5 Page 8 Page 12 Page 13

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MONTH AT A GLANCE (K-12 All School Event; PS = Primary School; ES = Elementary

School; MS = Middle School; HS = High School; DAAPA; MESAC/EAC)

Welcome to the SPOTS calendar. We encourage parents to check weekly as occasionally dates or times may change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	WEE	KEND	
MAY 2015							
17 PS/ES Day 4 MS/HS Day 3	18 PS/ES Day 5 MS/HS Day 4	19 PS/ES Day 6 MS/HS Day 5	PS/ES Day 7 MS/HS Day 6	PS/ES Day 8 MS/HS Day 7	22	23	
MS Spring Theatre Festival / HS IB Exams (May 4-22) MS MAP Testing (May 3-12) / ES MAP Testing (May 3-20) / Gr. 9 MAP Testing (May 10-21)							
DAAPA Parent Workshop- Positive Parenting Program (PPP) 8:00 a.m. PS/ES Conference Room	PS Parent Coffee Morning "Stepping Up" 8:00 a.m. PS/ES Conf. Room Booster Club Pool Party for ALL U- 14 teams 3-5 pm / Sign-up req.	Pre-sales on going in Annual Volunteer Breakfast DAAPA General Elections	an divisions.				
24 ——	PS/ES Day 9 MS/HS Day 8	26 PS/ES Day 10 MS/HS Day 1	PS/ES Day 1 MS/HS Day 2	PS/ES Day 2 MS/HS Day 3	29	30	
School Holiday			ring Book Fair on going in all divisions PS Move Up Day / PS Dress Down Day MS Spring Concert 7:00 p.m. / DAA Aud	Annual Staff Talent Show	HS Prom		
		JUI	NE 2015				
PS/ES Day 3 MS/HS Day 4	PS/ES Day 4 MS/HS Day 5	PS/ES Day 5 MS/HS Day 6	PS/ES Day 6 MS/HS Day 7	PS/ES Day 7 MS/HS Day 8	5	6	
	Yearbook JV/Var MESAC & EAS Athlete of the Year Awards and Athletic Banquet Sign-up required	pre-sales on going in	all divisions.	Last day to pre-order yearbooks! HS Graduation 7:00 p.m. DAA Auditorium			
PS/ES Day 8 MS/HS Day 1	PS/ES Day 9 MS/HS Day 2 PS Parent Parent Workshop "Parenting as a Gift" 8:00 a.m. PS/ES Conf. Room	PS/ES Day 10 MS/HS Day 3	MS/HS Day 4 ES Grade 5	PS/ES Day 2 MS/HS Day 5 MS Grade 8 Completion Ceremony 1:30 p.m. DAA Auditorium	12	13	

GEMS - DUBAI AMERICAN ACADEMY

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ALL SCHOOL NEWS

FROM THE SUPERINTENDENTS OFFICE

Dear DAA Families,

First, I would like to express my gratitude to DAA's entire community—teachers, parents, and students alike—for the success of our fundraising efforts to support relief efforts in Nepal on Thursday, May 14. Our efforts raised a significant amount of money across all four divisions, and I appreciate parents' and students' generosity. I am told that one of our Primary School mothers brought in an envelope with 12,000 AED and that she did so anonymously with no expectation of recognition or congratulations. (Whoever you are, if you're reading this, *thank you* for your act of kindness.) DAA has 16 people on its staff who are Nepalese and most of these men and women were seriously impacted by the two earthquakes, with most losing their homes. It is required that DAA receive permission from the Islamic Affairs and Charitable Activities Department whenever it wishes to have a relief campaign like it did on May 14. I would like to say thank you to each of DAA's four divisions for coordinating fundraising initiatives, especially those teachers who took the lead in directing our efforts. Preliminary figures suggest this will be the most significant fundraising effort in DAA's history. We will deliver everything that we raised to Red Crescent on Sunday, May 17, and I promise to report a sum total back to our community soon.

On behalf of DAA's entire faculty, I would also like to say thank you for the fabulous Teacher Appreciation Lunch that DAAPA organized last Tuesday, May 12. DAAPA's generosity was amazing, and this has definitely become teachers' favorite Tuesday of the entire school year! It is not an easy task to coordinate a home-cooked buffet for DAA's entire staff, but we sincerely appreciate all those who contributed to the event. Moreover, please know that the *care* that goes into the preparation of the dishes is what makes the event so special. The fact that so many families invest the time, effort, and care in contributing home-cooked dishes—which are *excellent*, by the way, with such a fantastic representation from different cultures around the world—make teachers feel genuinely appreciated. I would like DAA's entire community to know that DAAPA's commitment and support is so critical to this school's culture of kindness. Thank you so much for your generosity, dedication, and care.

Briefly, I would like to congratulate DAA's HS faculty on the completion of its first successful May Week. I've asked Scott Schaffner and Paul McMahon to organize a SWOT analysis of their first May Week to reflect on how they can make it even better next year. The general consensus is that the experiences organized for students were successful because they were needs-based and purposeful. For example, my Grade 10 daughter experienced a reality check on her internship that ended with her having a much better understanding of herself, including what she wants and doesn't want in a career. That kind of reflection and awareness is exactly what May Week is all about for Grade 9 and 10 students!

I'd also like to congratulate DAA's entire faculty on successful completion of its *second* DSIB inspection this year. I mentioned briefly two weeks ago that DAA was selected to have a special two-day inspection on May 5-6 so that KHDA could trial its new inspection framework. (Lucky us!) This special inspection did not involve judgments; rather, it was really an opportunity for veteran inspectors to practice using the new framework that KHDA has designed. I'd like parents to know that their children's teachers came through again, and I'm particularly proud of them for keeping what can be a stressful experience away from DAA's students.

Speaking of KHDA and school inspection, I am pleased to finally confirm the results of DAA's 2014-2015 inspection. Our inspection, as you may remember, happened in November 2014. As is always the case, a long period of silence descends before official judgments are announced months later. I am pleased to share that DAA has earned a judgment of "Outstanding" for the fourth year in a row and continues to be the only American-curriculum school in Dubai to achieve this top judgment.

I encourage all parents to read DAA's 2014-15 inspection report, which can be accessed via this link: https://www.khda.gov.ae/En/DSIB/Reports.aspx

This inspection report is written for parents. It reveals the 93 specific judgments that culminate in DAA's overall rating of "Outstanding" and gives a balanced commentary on what the school is doing well and what it needs to continue working on. The KHDA website also provides the reports and judgments for other schools in Dubai, which will give you a better sense of how DAA compares to others.

ALL SCHOOL NEWS, continued

FROM THE SUPERINTENDENTS OFFICE, continued

While I am pleased with DAA's judgment of "Outstanding," I would like to share with parents that we will not rest on our laurels. I was fortunate to be appointed DAA's superintendent in November 2013, although I continued to serve as the school's deputy superintendent until August 2014. Robin Appleby, my predecessor as DAA's superintendent and one of the best leaders I have ever known, allowed me to work with DAA's leadership team and its faculty to carefully redesign our School Improvement Plan in the final months of her tenure. Each division conducted a thorough SWOT analysis, we studied our external examination results, we reviewed and revised our school mission, and we carefully studied what the elite American international schools around the world were doing with their strategic planning.

Simply put, being able to state that DAA is the only "Outstanding" American curriculum school in Dubai is nice. What I want parents to know is that our unapologetic ambition is for DAA to become one of the best American international schools in the world. And we're not there yet, despite our recent judgment of "Outstanding."

I would like to conclude my message this week with a sincere THANK-YOU to all the families in our community who continue to trust us with their children's educations. I appreciate your confidence, patience, and support. I also want you to know that I consider myself very fortunate to work in such a wonderful school.

Thank you for your continued support! Kind Regards, Jim Hardin, Superintendent / CEO

GEMS YEAR END PARENT SURVEY

Every year GEMS asks over 140,000 students and parents, as well as 14,000 employees, what they think of their experience. These opinions provide GEMS with important information about makes stakeholders happy and what GEMS can do better.



On Sunday, May 17, GEMS will send an email inviting you to participate in the final Parent Survey for the 2014-15 academic year. It's only 10 questions and won't take long to complete. GEMS's founder, Sunny Varkey, has asked that schools achieve 100% participation in this survey, which means we are expected to track responses and send reminders to parents who have not taken the survey. I would be grateful if you would take the survey when you receive the link!

Kind Regards, Jim

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ALL SCHOOL NEWS, continued

ADDITIONAL ATTACHEMENTS TO SPOTS

As the end of year approaches, there are several important announcements to be shared with the DAA community. Please be sure to read the attached letters regarding the following:

- THE HOLY MONTH OF RAMADAN: Please read the letter attached to this SPOTS Newsletter email detailing important information about Ramadan including revised school hours and daily schedules.
- School Transport Services LLC (STS): Please read the attached letter from STS regarding their services including fees and routes for next year.
- Threads: We are happy to announce that Threads has been appointed our new uniform provider. You will receive a letter of introduction and uniform guide early next week by email. Please take a few moments to review the information.



DAAPA NEWS

DAAPA (DAA Parents Association) is an active parent association dedicated to enriching the lives of DAA students and community, promoting cooperation between DAA parents, staff and administration and spreading the "culture of kindness" that is at the core of DAA's values. All parents/guardians of DAA students are *automatically* members of DAAPA.

DAAPA GENERAL ELECTIONS

The DAAPA Family includes all of the parents of DAA students! However, there is a group of parents who plan activities and events for the school community outside of the academic curriculum. These parent volunteer to be elected for specific jobs within the Executive and Standing Committees, so that planning and implementation of events such as the International Food Festival, the Teacher Appreciation lunch, the Winter Wonderland, the Pumpkin Patch, Movie Nights, plus many other grade-level events, can provide added fun for the DAA community. It is a wonderful opportunity to meet other parents and work alongside each other to provide extra-curricular fun for DAA students, teachers, and parents.

Elections will be held after the Volunteer Appreciation Breakfast on May 19th this year. The following positions are open and ready to be filled by YOU! Nomination forms are available at the Reception desks. Please help DAAPA continue to provide enriching experiences for our children by volunteering next year! It is a great way to get involved and make lifelong friends. We need you to succeed/

Executive Committee Positions

- President
- Vice President
- Secretary
- Treasurer
- Financial Operations Coordinator
- Primary School Vice President
- Elementary School Vice President
- Middle School Vice President
- High School Vice President
- Hospitality/Food and Beverage Coordinator
- Publications and PR
- IFF Chair

Standing Committee Positions

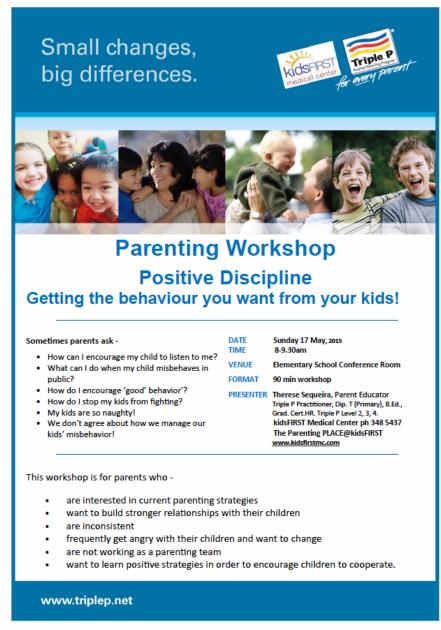
- Elementary School Communications Coordinator
- Middle School Communications Coordinator
- High School Communications Coordinator
- Leopard's Den Chairperson
- Friends of Fine Arts Chairperson
- Pizza Day Coordinator
- Booster Club Chairperson
- Homeroom Parent Coordinator
- Photographer

If you would like to know more about any of these positions, please inquire via email to saadmichelle@yahoo.com.

DAAPA NEWS, continued

DAAPA IN THE PRIMARY/ELEMENTARY SCHOOL

DAAPA in the PS/ES is pleased the following parent workshop on Positive Discipline tomorrow, May 17th at 8:00 a.m. in the PS/ES conference room:



DAAPA IN THE MIDDLE SCHOOL

DAAPA would like to thank the DAA parents who participated in the Yoga In the Park mornings held this past year at Al Barsha Pond Park. The money collected from these yoga mornings has been donated on your behalf to the Nepal earthquake victims via the Emirates Red Crescent foundation. Thank you for your participation!

Warm regards,

Christina Lundgren & Theresa Starta
DAAPA MS VP & DAAPA MS Communications Coordinator

PRIMARY POINTS (Kindergarten 1 - Grade 2) Make sure to read the corresponding DAAPA NEWS section of this issue of SPOTS for all the latest Primary School parent sponsored events!

FROM THE PS PRINCIPAL'S DESK

PS Parents,



Grade 2 sending lots of love to the people of Nepal.

There are many things we love about being at DAA, but one of them is being part of a community that is so internationally minded. This particularly comes to light when we pull together to help support others in a time of tragedy, as happened with our Nepal Fund Raising efforts on Thursday. In addition to raising money for those in need that will go to Nepal via Red Crescent (and we raised a lot!) over the past week our kids have further developed that sense of international mindedness and the importance of helping and supporting others in their time of need. This is a key component of global citizenship and DAA's Mission and something that we all

want to see in our kids. A big thanks to all of those who took a lead role in organizing the education and fundraising efforts to support Nepal and to everyone who contributed!

NEWS & EVENTS

Stepping Up Coffee Morning: This Monday at 8am! We highly recommend that you or your spouse attend our coffee morning this Monday morning. It is our "Stepping Up" Coffee morning which has a very simple format: Sit with 2-3 teachers from next year's grade level team and have a conversation about what to expect next year. Grade 2 parents, there will be grade 3 teachers there to introduce you to grade 3 and the Elementary School, as well. Though the teachers will share some information, there will be lots of time for Q & A, as well. We will do other things for your child, but this really is your best opportunity to learn about what next year entails for your child (and you!) this Spring. See you there!

<u>Placement</u>: We are currently underway with our placement process and we thought we'd share a little more information about how the process works. The number one goal throughout the process is to make sure that we create classes that work and are balanced in terms of

- gender
- academic abilities & behavior
- learning styles and strengths
- Islamic Education students
- Native Arabic speakers
- Nationalities

After we create classes the admin team works hard to ensure that we get the teacher who is the right fit for the students in each class. Often we have requests to know which students are in which classes with which teachers, but we cannot share this information until August as the class lists and teachers are not finalized until the last week in August.

<u>966,000 Minutes of Reading:</u> We are so close! We'll make a goal of One Million Minutes of Reading early next week! Don't tell your child, but you might want to already be thinking about the plan for our Crazy Hair and Jeans Day where we will celebrate hitting the big mark!!

<u>PS Yearbook Orders</u>: Order your 2014 - 15 DAA PS Yearbook!!! To reserve your copy please return the <u>order form</u> (sent home with your student) **AND 80 aed to homeroom teachers no later than JUNE 4, 2015**. Any orders received after June 4 will cost 100 aed. Please note, this yearbook Primary School has its own yearbook for students in Kg1 to grade 2.

Warm Regards, Your PS Admin Team **ELEMENTARY ESSENTIALS (Grades 3-5)** Make sure to read the corresponding DAAPA NEWS section of this issue of SPOTS for all the latest Elementary School parent sponsored events!

FROM THE ES PRINCIPAL'S DESK



Nepal Charity Fundraising Effort:

Thank you, all, for your generous contributions and participation in the PS/ES Nepal Fundraising event. We are thrilled to make this donation on behalf of the DAA community. Our hope is that our contribution makes even a small difference to this severely impacted region in Nepal. A special thank you to the coordinators of the PS/ES effort: Marti Hardin, Megan Mulcahy, Jenna Cross, Adam Zajdel, Alex Duncan and others who helped in many different ways.

Here are some great pics!









<u>ES Parent Coffee Morning:</u> Thank you to all that were able to attend our Parent Coffee Morning on Monday, May 11th when we learned more about "Transitions and Mindfulness" with Dr. Afridi.

The information presented was very meaningful and relevant and we have had many positive comments about the presentation. A very special thank you to Dr. Afridi.

<u>MAP Testing:</u> MAP testing is nearly complete. Results typically take a couple of weeks to arrive after the testing period closes.

Grade 5 Completion Ceremony: The Grade 5 Completion Ceremony will be on Wednesday, June 10th for all grade 5 students. Parents of grade 5 students are invited to join the ceremony at 8:30am in the auditorium with light refreshments for parents to follow in the ES cafeteria. Invitations will be sent home this week with more information. The dress for for grade 5 students on this special occasion will be 'smart': collared shirts and dress pants for boys; modest dresses/skirts for girls (no bare shoulders), dressy sandals or shoes.

<u>ES Yearbook Orders</u>: It's that time of year to pre-order your 2014 - 15 DAA ES Yearbook!!! To reserve your copy please return the <u>order form</u> (sent home with your student) **AND 80 aed to homeroom** teachers no later than JUNE 4, 2015. Any orders received after June 4 will cost 100 aed. Please note, this yearbook will only include classes and activities of Grades 3, 4, and 5 and will be distributed the last week of school.

<u>The Book Fair is Coming!</u> The Book Fair will take place from May 25-28th. Look for more details coming out shortly!

MIDDLE SCHOOL MESSAGES (Grades 6-8) *Make sure to read the corresponding DAAPA NEWS section of this issue of SPOTS for all the latest Middle School parent sponsored events!*

FROM THE MIDDLE SCHOOL OFFICE

Walk-a-txon Piedge Forms

Nepal Relief:

Sincere thanks to all members of our Middle School community for the overwhelming and heartwarming support for Nepal relief efforts. Our first ever indoor Walkathon, Bake Sales, Subway Sandwich lunch and dress down day a generous sum which will be donated to The Red Crescent Society in support of

Nepal humanitarian relief efforts. Details of the division wide donations will be published shortly.



During the week, students had an opportunity to learn more about how the Nepalese have been affected by the devastating earthquakes within Life Skills classes. Overall, the relief efforts for Nepal have been truly inspiring!







Grade 8 Transition:

Our soon to be MS graduates enjoyed a morning with high school staff and students for their annual Step Up Day on Sunday, May 10th. Our students shared positive feedback from their experience and are looking forward to all that the 9th grade brings.



5th Grade Transition Talks:

Our Student Ambassadors will be visiting 5th grade classes this week to help our incoming MS freshmen with essential information about how things operate in the Middle School and to offer an opportunity for a general Q and A session.

Middle School Yearbook Sales:

Middle school yearbooks are now on sale at the MS/HS Reception Desk. Pre-order your book by June 4th to get the discounted price of AED 80. Don't miss out on the memories! Order your yearbook today!

Have a great week Middle School!

Mr. Ball and Mrs. Weins

HIGH SCHOOL HIGHLIGHTS (Grades 9-12) Make sure to read the corresponding DAAPA NEWS section of this issue of SPOTS for all the latest High School parent sponsored events!

FROM THE HIGH SCHOOL OFFICE

Hello,

We are all recovering from May Week! We would love your feedback. Please take five minutes to complete these grade-specific surveys:

- Grade 9 Local Trips: https://docs.google.com/forms/d/1hV1q2fwf-xSZA9OGD9x00NHNvCJppucGzT0oi1q8ViU/viewform?usp=send_form
- Grade 9 International Trips: https://docs.google.com/forms/d/1FqL60RERUxTAZM9cF9e5d-g2iFPZ5-4ZiV uy9Jiw c/viewform?usp=send form
- Grade 10 Internships: https://docs.google.com/forms/d/1hbCx-PlejTZlxpn1WJ9DFM6jpe8hcbsslWfTMvoVtQg/viewform?usp=send-form
- Grade 11 May

Week: https://docs.google.com/forms/d/1zcyvZ_FaflHFQzCqUofEKTOdRPALfWToAVIQ2hiSSUg/viewform?usp=send_form

11th grade art work is on display in the HS Art suite:









On Thursday, we had a lovely fundraiser for Nepal in the HS today, lot's of kids enjoyed throwing pies in their favorite teachers' faces! All for charity, of course :-)







HIGH SCHOOL HIGHLIGHTS, continued

FROM THE HIGH SCHOOL OFFICE, continued

Upcoming dates:

- Yearbook sales continue in the high. Those wishing to pre-order a book can do so at the HS/MS reception. This is your last chance to get the yearbooks at the pre-order price of 80AED. From June 1, the price increases to AED 100. Yearbooks will be distributed on Wednesday, June 3rd at the annual yearbook party. Don't miss out on the memories!
- 2. HS Music Concert: Tuesday, May 26
- 3. Prom: May 29
- 4. Graduation: June 4
- 5. Semester Exams June 14-June 23. (See schedule below.)

OUICK REFERENCE TO SEMESTER TWO EXAMS 2015

Grades 9 + 10

		i	Glades 7 1	. •		
TIME		June 14	June 15	June 16	June 17	June 18
Classroc	m	Sun	Mon	Tues	Wed	Thurs
8:00 - 9:3	30	History 10 Math 9	English 10 Science 9	Math 10 English 9	Science 10 History 9	Conflicts
		BREAK	BREAK	BREAK	BREAK	BREAK
10:30- 12	:00	French II, III, IV	Spanish II, III, IV	Arabic IV	Conflicts	

^{*} conflicts on Wednesday and Thursday, June 17-18

IB I Exams (Grade 11)

TIME	June 14	June 15	June 16	June 17	June 18	June 21	June 22
Classroom	Sun	Mon	Tues	Wed	Thurs	Sun	Mon
8:00-9:30	English SL English 11	Math St Math Ap	History	Psychology	Geog/ ITGS Biology SL	Spanish HL/ SL AB	Computer Science/ Chemistry 11
8:00-10:00	English HL	Math SL Math HL			Biology HL		
	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK
10:45-12:15	Business	French HL/ SL/ AB	ESS / DT / Chemistry	Economics	SEHS / Physics	Arabic SL/HL	Music
10:45-12:45						Theatre Studies	Conflicts
						Conflicts	

^{*} conflicts on Sunday, June 21 and Monday, June 22 (10:45-12:15)

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Your HS Admin



Upcoming events:

Mon.,, June 1st

MESAC Varsity/JV Awards Banquet and Athlete of the Year Awards Ceremony

(RSVP required to Miss O'Reilly or sign up)

Tickets will be handed out next week to those that have signed and will be

required for entrance on the evening.

Mon., June 18th Under 14 EAC Pool Party (sign up required)

Varsity and JV Athlete of the Year Awards Ceremony

This year DAAPA's Booster Club are hosting our first ever <u>Varsity and JV Athlete of the Year Awards Ceremony and Dinner.</u> It will be held on <u>Monday June 1st with doors opening at 4.30pm</u>. The evening will begin with Season 3 JV awards at 4.45pm and follow with the Varsity awards after Graduation rehearsals finish. We will be having student guest speakers, Athlete and Scholar Athlete of the Year presentations followed by farewells to coaches departing DAA. The evening will be finished by 7.30pm. We ask that all students dress in a respectful fashion.

All parents of Varsity and JV MESAC and EAC athletes are invited and we require that the athletes sign up by May 18th so we can organise the catering. Please note that this event is unable to be open to entire families. Tickets will be handed out next week to those that have signed and will be required for entrance on the evening.

The Athletic Department and Booster Club look forward to seeing you at the Awards Ceremony on June 1st.

Under 14 Pool Party

Prior to the this on Monday 18th May, the Booster Club will be hosting a Pool Party for ALL Under 14 teams and athletes that have participated this school year - Volleyball, Swimming, Basketball, Soccer, Cross Country and Track and Field. The Track and Field MVP awards will be presented and food will be provided for all teams. The event will take place in the HS pool from 3-5pm. The Middle School and Under 14 Athlete of the Year presentations will take place in assemblies. Students must have signed up PRIOR to the event.

Club Sports

Club sports are well under way with coaches giving up their time to prepare students for tryouts next school year. If you want to improve your skills in preparation for the tryouts and are in grades 8-12 then please turn up at any of the below sessions.

Volleyball Sundays and Wednesdays 4-6pm HS Gym
 Basketball Mondays and Thursdays 4-6pm HS Gym

Tennis Mondays 3-4.30pm Tennis courts (sign up required)
 Badminton Fridays 10am-12pm (cancelled Friday 15th May)

Club Volleyball for Middle School students takes place Sundays in the ES Gym:

Sunday 31st May - Sunday 21st June 4-6pm

Turn up prepared to play if you are interested in getting ahead for volleyball season.

JEAC and Elementary Sports

Well done to our JEAC Grade 4, 5 and 6 basketball teams who have been taking to the court. They are learning the basics of basketball and starting to apply these skills in game situations. All teams have at least one more game before the tournaments on May 30th and we wish them good luck. Thanks to the grade 8 JV players who are giving up their time to assist the coaches.

Miss Jodi O'Reilly, Athletic Director

CAFETERIA MENUS

PRIMARY/ELEMENTARY SCHOOL MENU

education support services							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY		
			MAIN COURSE				
PROTIEN (1)	CHEESE & QUINOA MEATBALLS	THAI BEEF CURRY	MIX COOKED LEAN CHICKEN	BEEF WITH WARM LENTILS	BEEF LASAGNA		
PROTEIN (2)	TUNA POTATO BAKE	CHICKEN & VEGETABLE STIR FRY	CHICKEN MEXICAN FILL	FISH & NOODLES	SALMON & PESTO PASTA		
VEGETARIAN	LOW FAT CREAMY SPAGHETTI	QUESADILLAS	VEGETABLE & RICOTTA	DRIED TOMATO & RICOTTA STUFFED MUSHROOM	VEGIE PATTIES		
	RICE/POTATO/VEGETABLE - VEGETARIAN						
CARBOHYDRATES	*	TOMATO RICE	PAPRIKA BAKED POTATO WEDGES	SWEET POTATO FRITTERS	*		
		L	IVE PASTA a la carte statio	n			
PASTA	PASTA - SPAGHETTI	PASTA - TRICOLOUR PENNE	PASTA - BOWTIE	PASTA - TRICOLOUR FUSSILI	PASTA - PENNE		
SAUCES	SAUCE CAPRESE	ARABIATTA (V)	CHICKEN MEAT BALL TOMATO SAUCE	SAUCE AMATRCANA	TOMATO ROASTED VEGETABLE SAUCE		
SAUCES	CILANTRO PESTO SAUCE	CARBONARA WITH TURKEY BACON	SPINACH CREAM SAUCE	PARSLEY CREAM SAUCE	MUSHROOM & GREEN PEAS SAUCE		
		SALA	ND				
SALAD	TABBOULEH	STUFFED SAVOY CABBAGE	COLESALW WITH ORANGE YOGHURT	GREEK SALAD	SPICED PUMPKIN & BEETROOT SALAD		
	YOUR CHOICE OF JUICE						
JUICE	APPLE JUICE	COCKTAIL JUICE	MANGO JUICE	APPLE JUICE	ORANGE JUICE		
MILK	MILK - LOW FAT	OR M	MILK - LOW FAT	MILK - LOW FAT	MILK - LOW FAT		
WATER							
WATER	WATER	WATER	WATER	WATER	WATER		

CAFETERIA MENUS

MIDDLE/HIGH SCHOOL MENU

CCUTO education support services						
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
	JOHDAI	WOIDA	MAIN COURSE	WEDITESDAT	HIORODAI	
MAIN PROTEIN 1	LEMON CHICKEN	MINCEMEAT PIE	THAI CHICKEN	GRILLED CHICKEN WITH BROWN SAUCE	FISH FINGER WITH TARTAR SAUCE	
MAIN PROTEIN 2	SHANGHAI CHICKEN	CHICKEN TIKKA DRY	ORIENTAL ROAST CHICKEN	BEEF MEAT BALLS WITH TOMATO SAUCE	MOROCCAN CHICKEN	
MAIN PROTEIN 3	GRILLED FISH WITH CHOPPED PARSLEY	MUSHROOM STUFFED CHICKEN WITH CREAM SAUCE	FISH & LEEK GRATIN	GARLIC LIME OVEN BAKED FISH	BAKED PARAMESAN CHICKEN	
VEGETARIAN (1)	BEANS PROVENSIONAL	PUMPKIN CURRY	SAUTE GARLIC THREE BEANS	STIR FRY VEGETABLES	CHANA MASALA (Chickpea)	
		RICE/PC	TATO/VEGETABLE - VEGE	TARIAN		
RICE	Mushroom Rice	STEAMED WHITE RICE	VERMICELLI RICE	LEMON RICE	CUMIN RICE	
POTATOES	GREEK STYLE LEMON POTATO	ITALIAN STYLE CHEESE POTATO	MEXICAN POTATO	ALOO JEERA	DILL POTATO	
VEGETARIAN (2)	BOILED MARROW & CARROT	GARDEN VEGETABLES	BROCCOLI POLONAISE	FRENCH BEANS SAUTE	SPINACH CHEESE PIE	
		LIVE I	PASTA a la carte station (1	zaed)		
PASTAS	PASTA - SPAGHETTI	PASTA - TRICOLOUR PENNE	PASTA - BOWTIE	PASTA - TRICOLOUR FUSSILI		
SAUCES	SAUCE CAPRESE	ARABIATTA (V)	CHICKEN MEAT BALL TOMATO SAUCE	SAUCE AMATRCANA	TOMATO ROASTED VEGETABLE SAUCE	
<i>0.</i> 100.20	CILANTRO PESTO SAUCE	CARBONARA WITH TURKEY BACON	SPINACH CREAM SAUCE	PARSLEY CREAM SAUCE	MUSHROOM & GREEN PEAS SAUCE	
		SALAD BAR - P	RE PACKED (1=6aed, 2=10	aed, 3=14aed)		
PROTIEN SALAD	POTATO BACON SALAD	CHICKEN HAWAIIN SALAD	THAI CHICKEN NOODLES SALAD	CHICKEN SALAD WITH GRAPES	COUSCOUS SALAD	
VEG SALADS	ROASTED VEGETABLE PASTA SALAD (V)	GREEK SALAD	POTATO, GREEN ONION SALAD	FATOUCHE SALAD	CALIFORNIA CHICKEN SALAD	
	BABAGANOUSH	PEACH SALAD	SWEET POTATO SALAD	TOMATO, CORN & BELL PEPPER SALAD	CHICK PEA & TOMATO w/CORIANDER (V)	
		D BAR - MAKE YOUR OWN				
	TOMATO	TOMATO	TOMATO	TOMATO	TOMATO	
	CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER	
	LETTUCE	LETTUCE	LETTUCE	LETTUCE	LETTUCE	
CONDIMENTS	ARABI PICKEL	ARABI PICKEL	ARABI PICKEL	ARABI PICKEL	ARABI PICKEL	
	SWEETCORN	SWEETCORN	SWEETCORN	SWEETCORN	SWEETCORN	
	SLICED BLACK OLIVES	SLICED BLACK OLIVES	SLICED BLACK OLIVES	SLICED BLACK OLIVES	SLICED BLACK OLIVES	
	REDKIDNEY BEANS	REDKIDNEY BEANS	REDKIDNEY BEANS	REDKIDNEY BEANS	REDKIDNEY BEANS	
	CHICKPEAS	CHICKPEAS	CHICKPEAS	CHICKPEAS	CHICKPEAS	
			SPECIAL WRAPS (13aed)			
	PANINI W/	PANINI W/	PANINI W/	PANINI W/	PANINI W/	
	CHICKEN & CHEESE	CHICKEN & CHEESE	CHICKEN & CHEESE	CHICKEN & CHEESE	CHICKEN & CHEESE	
	PANINI BREAD BROWN	PANINI BREAD BROWN	PANINI BREAD BROWN	PANINI BREAD BROWN	PANINI BREAD BROWN	
	CHICKEN	CHICKEN	CHICKEN	CHICKEN	CHICKEN	
	SLICED CHEESE	SLICED CHEESE	SLICED CHEESE	SLICED CHEESE	SLICED CHEESE	
	TORTILI A VAIDAD	TORTILLA WRAP	CHILLI CON CARNE	TORTILIA MARAD		
	TORTILLA WRAP	CHICKEN SHAWARIVIA		TORTILLA WRAP	IACKET DOTATO	
	CHICKEN FAJITA WRAP	CHEECE CDATED	TACOS CHEESE - GRATED	CHICKEN QUESADILLA CHEESE - GRATED	JACKET POTATO	
	REFRIED BEANS CHEESE - GRATED	CHEESE - GRATED JALAPENO	CHEESE - GRATED LETTUCE	LETTUCE		
	LETTUCE	LETTUCE	TOMATO	TOMATO		
	SLICED PICKLE CUCUMBER	SLICED PICKLE CUCUMBER	SLICED PICKLE CUCUMBER	SLICED PICKLE CUCUMBER		
	TOMATO	TOMATO	GARLIC SAUCE SMOOTHIES (10aed)	GARLIC SAUCE		
	MANGO	MANGO	MANGO	MANGO	MANGO	
	STRAWBERRY	STRAWBERRY		STRAWBERRY	STRAWBERRY	
	BANANA	BANANA	STRAWBERRY BANANA	BANANA	BANANA	











