

# SPOTS



## NEWSLETTER




Vol. 17 Issue 10 / February 7, 2015

<b>All School News</b> Click here Page 2	<b>DAAPA News</b> Click here Page 4	<b>PS Points</b> Click here Page 5	<b>ES Essentials</b> Click here Page 7	<b>MS Messages</b> Click here Page 8	<b>HS Highlights</b> Click here Page 10	<b>MESAC/EAC</b> Click here Page 11	<b>Menus</b> Click here Page 12
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Want to skip to your favorite section? Please use banner to help navigate the document. Use "Click here" to jump to your section of interest. You can return to the main page by scrolling back to Page 1 or by typing <ctrl>Home.

### MONTH AT A GLANCE (K-12 All School Event; PS = Primary School; ES = Elementary School; MS = Middle School; HS = High School; DAAPA; MESAC/EAC)

Welcome to the SPOTS calendar. We encourage parents to check weekly as occasionally dates or times may change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	WEEKEND
<b>FEBRUARY 2015</b>					
<b>8</b> PS/ES Day 6 MS/HS Day 8	<b>9</b> PS/ES Day 7 MS/HS Day 1	<b>10</b> PS/ES Day 8 MS/HS Day 2	<b>11</b> PS/ES Day 9 MS/HS Day 3	<b>12</b> PS/ES Day 10 MS/HS Day 4	<b>13</b> <b>14</b>
PS World Language Week including an Arabic Book Fair - lobby from 7:15 to 3:30 on Monday, Tuesday, and Wednesday.					
 <b>DAAPA IFF Ticket Sales</b> PS/ES Foyer – 7:15-8:15 a. 2:15-3:15 pm MS/HS Cafeteria 11:15 am – 1:15 pm	<b>DAAPA Sophomore Parent Coffee</b> The Pall RSVP required  <b>PS Coffee Morning</b> Hosted by the Arabic Team 8:00 a.m. Conference Rm	 <b>DAAPA IFF Ticket Sales</b> PS/ES Foyer – 7:15-8:15 a. 2:15-3:15 pm MS/HS Cafeteria 11:15 am – 1:15 pm  <b>HS Junior College Night – Gr. 11</b> 6:30 p.m. DAA Auditorium	<b>MESAC Var Basketball ACS (Feb 11-14)</b> <b>MESAC Var Soccer Doha (Feb 11-15)</b> <b>MESAC Var Tennis (Feb 11-15) hosted by DAA</b> <b>MESAC Cross Country (Feb 12-15) hosted by DAA</b>		<b>EAC U14 Basketball, EAC U14 Soccer</b>  <b>ASA External Sign Up Sessions:</b> 11:00 am – 1:00 pm in the ES/PS Lobby.
<b>15</b> PS/ES Day 1 MS/HS Day 5	<b>16</b> PS/ES Day 2 MS/HS Day 6	<b>17</b> PS/ES Day 3 MS/HS Day 7	<b>18</b> PS/ES Day 4 MS/HS Day 8	<b>19</b> PS/ES Day 5 MS/HS Day 1	<b>20</b> <b>21</b>
PS Class Photos / ES Class Photos					 <b>DAAPA IFF</b> 4-7 pm
<b>ASA External Sign Up Sessions</b> 7:30 am - 9:00 am ES/PS Cafeteria.  <b>Online Internal Sign Up open after 4pm</b>	<b>DAAPA Grade 11 Parent breakfast</b> 8:15 AM onwards, at Tashas Café RSVP required	<b>DAA MS/HS Fine Arts proudly presents...</b> Annie jr. 7:00 p.m. DAA Auditorium	<b>DAA MS/HS Fine Arts proudly presents...</b> Annie jr. 3:30 and 7:00 p.m. DAA Auditorium  <b>EAC/MESAC Season 3 Tryouts begin</b>	<b>DAA MS/HS Fine Arts proudly presents...</b> Annie jr. 3:30 p.m. DAA Auditorium  <b>MS Golden Mile</b> 8:00-9:30 am Parents welcome	
<b>22</b> PS/ES Day 6 MS/HS Day 2	<b>23</b> PS/ES Day 7 MS/HS Day 3	<b>24</b> PS/ES Day 8 MS/HS Day 4	<b>25</b> PS/ES Day 9 MS/HS Day 5	<b>26</b> PS/ES Day 10 MS/HS Day 6	<b>27</b> <b>28</b>
Freedom from Chemical Dependency Week					

### GEMS - DUBAI AMERICAN ACADEMY

Telephone 04 347-9222 Fax 04 347-6070

e-mail: communication\_daa@gemsedu.com

DAA Website: [www.gemsaa-dubai.com](http://www.gemsaa-dubai.com)

GEMS Website: [www.gemseducation.com](http://www.gemseducation.com)

Dubai American Academy High School and  
Middle School Proudly Presents

# ANNIE Jr.

Book by Thomas Meehan Music by Charles Strouse Lyrics by Matrin Charnin  
Based on "Little Orphan Annie" By Permission of the Tribune Media Service, Inc.

**17-19 February 2015**

**DAA Auditorium**

**Tuesday 17 Feb 7pm**

**Wednesday 18 Feb 3:30pm**

**Wednesday 18 Feb 7pm**

**Thursday 19 Feb 3:30pm**

**Tickets 30aed  
available from the  
MS office and  
PS/ES reception**

**Proceeds go to  
DAA charities**





## DAAPA NEWS

DAAPA (DAA Parents Association) is an active parent association dedicated to enriching the lives of DAA students and community, promoting cooperation between DAA parents, staff and administration and spreading the "culture of kindness" that is at the core of DAA's values. All parents/guardians of DAA students are *automatically* members of DAAPA.

# International Food

## FESTIVAL



Friday, February 20, 2015 Tickets on sale this week!

Times/Locations

Monday, 9 Feb & Wednesday, 11 Feb

ES Lobby: 7.15AM - 8.15AM / 2.15PM - 3.15PM

MS/HS Cafeteria: 11.15am - 1.15pm

### SPECIAL NOTES:

- Tickets are limited and sell out quickly, so be sure to get yours this week.
- The IFF is for the DAA community, ONLY.
- Please note that you will be required to have your family pass or ID at the time of entrance to the event.

### DAAPA Country Reps:

We would like to thank those who have stepped forward to host country booths at the IFF. If you would like to help with your booth, kindly contact the Country Rep listed to the right.

Country	Name of Rep	Email
Argentina	Ana Cardozo	anakardoso@yahoo.com
Armenia	Tamara Sahakian	tamaraandara@yahoo.com
Australia	Catherine Durben	
Austria	Trudy Dotson	trudi90@hotmail.com
Canada	Elaine Korneski	elainekorneski@yahoo.com
China	Merry Jiang	merryjiang369@gmail.com
Denmark	Hanne K Jensen	hanneandmichael.jensen@gmail.com
Egypt	Engy Shaheen	engy_shaheen@hotmail.com
Ethiopia	Enish Arese	enishwa@gmail.com
Germany	Irina Schmantzer	irina.schmantzer@gmail.com
Greece	Connie Chelas	conniechelas@gmail.com
India	Revathi Nair	revathisnair@gmail.com
	Kavita Balasubramaum	kavitadaapa@gmail.com
Iran	Azita Khaghani	azitakhaghani@yahoo.com
Iraq	Dr. Walsall Razak	wrazakdds@yahoo.com
Ireland	Emer McFeely	emermcfeely@yahoo.com
Japan	Fusako Muguruma	fusakomuguruma@gmail.com
Lebanon	Jinane Chalouhi/Dalia	masila1@hotmail.com
Morocco	Kaouther Boukamel	boukamel@gmail.com
The Netherlands	Marieke Timmermans	marieke_koesen@hotmail.com
Pakistan	Naureen Husain	naureenhusain@gmail.com
Palestine	Lena Borno	edborn@hotmail.com
Russia	Natalya Kashkimbayeva	natima2@mail.ru
South Africa	Julie Grobler	julie@shawleez.com
South Korea	Ho Young Suh	hoyoungsuh@rim.ae
Spain	Gema Blanco	gemabl.villalon@gmail.com
Sweden	Cecilia Franson	ciccidubai@hotmail.com
Turkey	Ebru Tezel Polat	ebru.tezel@gmail.com
UAE	Azar Persia	azar_persia@hotmail.com
USA	Yvonne Sidani	y.sidani_daa@gemsedu.com
Venezuela	Romina Jaimes	Romina.jaimes@gmail.com

## DAAPA NEWS, continued

### DAAPA IN THE MIDDLE SCHOOL

The **Golden Mile will be on Thursday, February 19<sup>th</sup>** from 8:00-9:30am the event will include the annual parent / teacher mile run. We would like as many parents as possible to run at this event. No need to RSVP, just show up that morning in your running gear.

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### DAAPA IN THE HIGH SCHOOL

#### Parent Connect BUNKO evening on February 11<sup>th</sup>:

If you'd like to get to know lots of different people and have some fun, then just bring yourselves and we will provide the food, drinks and lots of fun prizes. **Cost 150 Dhs** and space is limited to **40 players only!**

Don't forget to pass by Leopard's Den, during their opening hours, to make your **payment by February 8<sup>th</sup>**. A confirmation e-mail will be sent to you with directions as soon as we receive payment!

#### Grade 10 Parents of Class of 2017:

You are invited to join us at a coffee morning on The Palm, on Monday the **9<sup>th</sup> of February**, from **10am till noon**.

We have invited Mary Ellen Simoni, a University admissions specialist, who works with 14-18 year old students, seeking admission, to competitive universities, in the US, Canada, UK and Europe. Mary Ellen will be speaking about the differences between the US, UK, and Canadian university systems. She will also discuss IB Diploma and Certificate choices, the time lines for testing, university visits and essay preparation, and how parents can be supportive through this process.

Please RSVP before the 7<sup>th</sup> of February to [daaparentconnect@gmail.com](mailto:daaparentconnect@gmail.com) and we will send you the directions to the venue.

Margot Veraart & Marilou Courtot, DAAPA HS 10th Grade Representatives

#### Grade 11 Parents

Join us for breakfast on **Monday, February 16<sup>th</sup>** after drop off from **8:15 AM** onwards, at Tashas Cafe, which is located on Al Wasl Road in the Galleria Mall, next to the Emirates Post office. Please RSVP to [daaparentconnect@gmail.com](mailto:daaparentconnect@gmail.com) by no later than February 14th!

You are also invited to join the Facebook group "Grade 11" that Jose de Heer created to stay in touch with other grade 11 moms. Looking forward to seeing you on the 16<sup>th</sup>, we hope you can make it.

Perna van der Steur & Sally Ghattas, DAAPA HS Grade 11 Representatives

#### Grade 12 Parents

Please mark your calendars for **Friday, 20<sup>th</sup> March**. We are planning a casual dinner for all seniors and their families. Details will follow shortly.

Yasmina Bugaighis and Rolla Hamade, DAAPA HS Grade 12 representatives

Have a great week ahead!

Warm regards

**DAAPA HS Committee**

**PRIMARY POINTS (Kindergarten 1 - Grade 2)** *Make sure to read the corresponding DAAPA NEWS section of this issue of SPOTS for all the latest Primary School parent sponsored events!*

**FROM THE PS PRINCIPAL'S DESK**

Dear PS Parents,

Well, parents, things did slow down for a few weeks there, but once again things are revving up and we have lots of exciting events and opportunities coming up. For this week we'll share information on the upcoming events through the lens of the PS assembly that we had on Thursday. Below is what we talked about and celebrated during the assembly, and what you can do to support what is happening in school.

**Primary School Assembly, February 5<sup>th</sup>, 2015**

Opening: In honor of **World Language Week** next week, a week when we highlight Arabic and celebrate the diversity of languages at school, we sang our "Hello" song that incorporates the word for hello in multiple languages.

*How you can help support your child:* Come learn about our Arabic program next week!! There are lots of opportunities:

- 1) **Sit in with your child during Arabic class next week (grade 1 on Monday, grade 2 on Wednesday). See the details in your child's blog.**
- 2) Come to the **Coffee Morning on Monday, February 9<sup>th</sup> at 8am in the Conference Room** that is hosted by our Arabic team. We will discuss fun ways to support and develop a love of Arabic at home. Parents of all grade levels are welcome, not just grades 1 & 2.
- 3) Native Arabic parents, we are excited to invite you to a special session with **author Dr. Latifa Al Najjar to discuss how to develop your child as a reader in Arabic on Thursday, February 12<sup>th</sup> at 10:30 am** (this session will be in Arabic language).
- 4) For the first time ever DAA will host an **Arabic Book Fair!** This will be smaller in scope than our Book Worm fair, but we think it is an important first step for our Arabic program. The book fair will be open in the lobby from 7:15 to 3:30 on Monday, Tuesday, and Wednesday next week. Also, our Arabic teachers will be taking the kids to book shop during Arabic class next week.



Activity #1: Update on SPOTS and celebrating **PAWSitive Behavior** in school. Diego has 147 spots, 53 to go so we can have another Dance Party!!!

*How you can help support your child:* Ask them about getting SPOTTED and what they can do at school to get spotted.

Activity #2: Introduction to our new school-wide challenge. Together we are going to do **One Million Minutes of Reading!** All outside of school reading counts: Independent reading, you reading to your child, reading with your child, and reading in any language. Here is the announcement with more information (<https://docs.google.com/a/gemsdaa.net/presentation/d/1BjAFHtT9hUs16BWGRKvDpFH32uA4MuRtBhYRHadFhio/edit#slide=id.p>).

*How you can support your child:* Make this a big deal and get involved. Get your child excited about reading and find some great books to read to your child. If you want suggestions ask Miss Deborah, our PS Librarian! Also, please make sure to help your child record the minutes and sign-off on the reading log that will come home.



## PRIMARY POINTS, continued



Activities #3 & #4: In order to **further advance our Culture of Kindness** at DAA we had two wonderful skits/videos. Our grade 2 leaders led us in a review of what respectful behavior looks like at school (highlighted by some very naughty grade 2 teachers) and we had a wonderful video explaining how to utilize our new Buddy Bench.

*How you can support your child:* Watch this video on the Buddy Bench with your child and discuss it. Warning: it just might make you cry.

([https://drive.google.com/a/gemsdaa.net/file/d/0B7pbknXX\\_5UJa01PVXMyNnA0ZUU/view](https://drive.google.com/a/gemsdaa.net/file/d/0B7pbknXX_5UJa01PVXMyNnA0ZUU/view))

Activity #5: A fabulous live **preview from DAA MS & HS students on the upcoming show, Annie.**

*How you can support your child:* Buy tickets!! They are on sale in the lobby. See details in other sections of SPOTS or on the signs around school.

Closing: Performance of **4 Hugs a Day**, as led by some of our KG2 students.

*How you can support your child:* Make sure to give your child, as the song requires, a minimum of 4 Hugs a Day. The song is quite clear that this is the minimum, not the maximum :).

As you can tell, we had a great time at the assembly and there are lots of exciting opportunities coming up. Don't worry if you can't make it in for some of the events, but make sure to talk to your child about them so they know you are engaged and involved in their life at school. Lastly, get reading!!!



Warm regards,  
Your PS Admin Team



**ELEMENTARY ESSENTIALS (Grades 3-5)** *Make sure to read the corresponding DAAPA NEWS section of this issue of SPOTS for all the latest Elementary School parent sponsored events!*

## FROM THE ES PRINCIPAL'S DESK

### Reflecting on a Great Week in the Elementary School:

**Track and Field Day:** What an AMAZING day we had on Tuesday! Our students demonstrated their track and field skills, had fun and showed off their great sportsmanship! A special thank you to our PE teachers, Ms. Allison Deakin and Mr. James Anaya, for all their hard work over the last several weeks to put this event together. Thank you also to all of our volunteers who helped to make the day run so smoothly, and to DAAPA for providing an energizing snack. Thank you, as well, to the parents who turned out to cheer the students on and to those who expressed their many kind words about the successful day to our teachers. You really make a positive difference!



### Upcoming Events in the Elementary School:

**Valentine's Day and Emirates Red Crescent:** In honor of Valentine's day, the ES will be having a fundraiser in support of Emirates Red Crescent. All students are welcome to wear a Valentine's Day colored t-shirt with their PE shorts on Thursday, February 12. In addition, student council will be rewarding the students that donate 5 dirhams or more with a sticker showing their support for Red Crescent on this special day of caring and kindness.



**Elementary School ASA's:** Term 2 ASAs will begin the week of March 1st and run through to June 4th. A total of 12 sessions will be included within the 14 week term period (extended to accommodate the school holidays from March 26-April 9). Please note the following sign-up dates:

**External Sign Up Sessions:** Saturday, February 14<sup>th</sup> from 11:00 am - 1:00 pm in the ES/PS Lobby  
Sunday, February 15<sup>th</sup> from 7:30 am - 9:00 am in the ES/PS Cafeteria.

**Online Internal Sign Up:** Sunday Feb 15<sup>th</sup> after 4pm.

**Grade 5 Desert Safari – February 18-19:** The excitement continues to build as the fifth grade Desert Safari is less than two weeks away! On Feb 18th-19th, the students will be participating in a variety of engaging team building activities that teach them about desert life and survival at the Al Dhaid Desert Camp run and operated by Ecoventure. Parents, please make sure that you have completed all the necessary forms and that your child is ready to go on what will be a very memorable experience. Please check your child's classroom blog for any additional information.

**Class Pictures:** Class pictures will take place the week of February 15-18. Check your child's classroom blog next week for more information.

**ES Musical for 5th Grade Students:** Rehearsals every Monday and Wednesday from 3-4 in the PS Music Room. Please check the blog link for more information: <http://aladdinjrdaa.blogspot.ae>.

Roberta Wiens and Patrick Molloy,  
ES Admin Team

**MIDDLE SCHOOL MESSAGES (Grades 6-8)** *Make sure to read the corresponding DAAPA NEWS section of this issue of SPOTS for all the latest Middle School parent sponsored events!*

## FROM THE MIDDLE SCHOOL OFFICE

### Semester 1 Reporting:

Formal Semester 1 reports have been emailed home to all Middle School parents. We certainly hope that the reports made it through to your inbox, and if not, please contact the Middle School office. Please take some time at home to review the report with your Middle Schooler in order to celebrate their achievements and to potentially set goals for the second half of the school year. For our 6th grade students, they really deserve a pat on the back for successfully navigating their way through the first half of the year. At the same time, having carefully reviewed all reports, we are incredibly proud of the collective achievements of all students. Our teaching staff overwhelmingly comment on how hard our students work to meet and exceed grade level standards, in addition to being actively responsible for their own learning. *Is there room for growth?* . . . of course, this is what the Middle School experience is all about. We wish all students much success in Semester 2!

### Life Skills Update:

"Digital Citizenship/Cyberawareness" lessons will be taking place across grade levels during the month of February. Students will be exposed to the following modified lessons, sourced from:

[Common Sense Media](#)

6<sup>th</sup> grade lessons:

- 1) Digital Life 101
- 2) My Media
- 3) Cyberbullying: Be Upstanding

7<sup>th</sup> grade lessons:

- 1) Trillion Dollar Footprint
- 2) Which Me Should I Be?
- 3) Cyberbullying: Crossing the line

8<sup>th</sup> grade lessons:

- 1) Rework, Reuse, Remix
- 2) Safe Online Talk
- 3) Oops! I Broadcast it on the Internet

Every year we reflect on and hopefully improve our program relative to cyber awareness and digital citizenship, with the goal of providing our students with the skills, knowledge and awareness in order to best navigate the internet and social media. We encourage parents to engage in discussions at home about student access to the internet and social media in order to establish healthy and acceptable boundaries. Should you have any questions, please contact our MS counselors.

### Coffee Morning:

The theme for our coffee morning on **Wednesday, February 11<sup>th</sup> from 8:00 – 9:00 a.m. in the ES Conference room** will be directly linked to the lessons our students will experience in Life Skills. Feel free to access the same link as above for more information from Common Sense Media -

[Common Sense Media](#)

### Week Without Walls:

The excitement continues to build as staff and students gear up for WWW 2015 . . . thank you to parents for attending WWW parent meetings after school over the course of the last few weeks. We hope that these sessions provided essential information about the trip/activity, safety and security, itinerary and communication. Please contact the teacher leading the trip or activity for additional information as needed and at any time, contact us in the Middle School office should you have a question related to WWW.



## MIDDLE SCHOOL MESSAGES, continued

### Golden Mile:

We are looking forward to the Annual Golden Mile competition on Thursday, Feb. 19<sup>th</sup> and welcome all parents to take part in our Teacher/Parent run following the student races. There is no need to sign up, please feel welcome to come out in the morning to watch the students race and then participate alongside our MS staff! Thank you in advance to our parent volunteers for providing snacks and refreshments at this event. All staff and students will also run/walk for 30 minutes gaining color house points for each lap of the track completed – it's a great day for us to celebrate and promote lifelong fitness!

### Grade 8 Step-up to the High School:

Thank you to our HS Counseling department for hosting our 8<sup>th</sup> grade students and parents at the course registration information session last week. Parents, if you missed this session, please know that your child was given two sheets (one green and one yellow), which highlight course information and the actual course request form. The yellow request form is due in to our 8th grade Math teachers on the 11th or 12th of February. Should you have any questions in this regard, we encourage you to contact the HS Counseling office for assistance. Related to this transition for our students, Ms. Catlin and Mr. Eberhardt visited grade 8 Life Skills classes to help our students better understand how the GPA is calculated and their academic outcome works from grades 9-12. Students were advised to continue to do their very best while achieving balance in their academic and extra-curricular life here at DAA.

Warm regards,  
Andrew Ball and Joan Wiens  
MS Admin. Team



Dear DAA Middle School Parents,

**The PE Department would like to officially invite you to take part in our annual Golden Mile competition.**

**WHEN:** February 19th 2015

**WHERE:** DAA Running track

**TIME:** Student races start at 8am. Parent/Teacher Mile starts at 8.45am

**Prerequisites:** A smile, healthy attitude and willingness to be an inspirational role model for our students!

No need to RSVP, simply turn up on the day ready to run/walk and support health and fitness in the Middle School!

Hope to see you all there!  
MS PE Department

## HIGH SCHOOL HIGHLIGHTS (Grades 9-12) *Make sure to read the corresponding DAAPA NEWS section of this issue of SPOTS for all the latest High School parent sponsored events!*

### FROM THE HIGH SCHOOL OFFICE

By the time you read this all report cards should have been sent home - please ensure that you received it! We are already a week into the second semester with lots going on. All students have been giving their course selection forms in order to allow them to sign up for classes next year. The HS Program of Studies can be found at the bottom of this page: <http://www.gemsdaa.com/?q=hs>



This weekend we hosted a workshop for Mathematics teachers with a special guest speaker and leader, Dr. James Tanton. Dr. Tanton is an accomplished educator and thinker who aims to make math "joyous, fresh, innovative, rich, deep-thinking and devoid of any rote-doing". The workshop was arranged by Ms. Derarca Lynch, the Head of Mathematics here in the high school. All of the high school

Math department teachers attended and aim to bring back exciting and inspiring ideas to their classrooms. Dr. Tanton's opening talk on Thursday afternoon, entitled "Connect the Dots", was well attended and impressive. You can view one of his talks here: <https://www.youtube.com/watch?v=1fXyW1vB4vI>

See you on campus,  
HS Admin Team



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### HIGH SCHOOL COUNSELOR'S CORNER

Please join the HS Counseling Team for **Junior College Night on February 10<sup>th</sup> at 7pm in the DAA Auditorium**. There will be a presentation about the college and university application process as well as a presentation by a Harvard Alumni member.

Grade 8, 9, 10 and 11 students should have received their course registration forms from their counselor this week. If they have not received their form, the forms can be downloaded online at [www.gemsdaa.com](http://www.gemsdaa.com) under the High School Division page on the right side. Also note that all course descriptions can be found in the Program of Studies which is on the same web page at the bottom of the page.

Freedom from Chemical Dependency will be at DAA from Feb 22-25. They will be meeting with all students either in their PE classes or during the Class Meeting time. There will also be a **parent session on the evening of February 23<sup>rd</sup> in the DAA Auditorium at 7 pm**. More details will follow in the next SPOTS.





## ATHLETICS AND ACTIVITIES

# EAC

Emirates Athletics Conference

### Important Season 2 Dates

<b>EAC</b>	Sat Feb 7 Sat Feb 14	Varsity Soccer, Varsity Basketball Under 14 Basketball, Under 14 Soccer
<b>MESAC</b>	Feb 6- Feb 8 Feb 5 - Feb 9 Feb 5 - Feb 9 Feb 11 - Feb 14 Feb 11 - Feb 15 Feb 11 - Feb 15 Feb 12 - Feb 15	JV Basketball ASDubai JV Soccer AESDelhi Senior Fine ArtsABA Oman Varsity Basketball ACS Varsity Soccer Doha Varsity Tennis DAA Varsity Cross Country DAA

### MESAC events

This school year DAA is hosting the following MESAC events:

- Varsity Tennis Feb 11-15
- Varsity Cross Country Feb 12-15
- Varsity Softball/Baseball April 22-26

### MESAC Cross Country / Tennis Hosts

Thank you to all of the families that will be hosting our MESAC cross country and tennis tournaments this weekend. Please remember to attend a short meeting on Sunday, February 8 at 4:00 p.m. in the ES Conference Room to distribute housing lists and discuss MESAC rules and responsibilities.

### Season 2 Sports and Activities

Season 2 EAC tournaments are under way this weekend with MESAC to follow next week. **Good luck to all of our athletes and artists.** Details to follow in the next issue of SPOTS.

See you courtside (or on the field),  
Miss Jodi O'Reilly  
Athletic Director



PRIMARY/ELEMENTARY SCHOOL MENU



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>MAIN COURSE</b>					
<b>MAIN PROTEIN 1</b>	BONELESS CHICKEN CURRY	CRISPY FISH TENDERS WITH TARTARE SAUCE	LEMON CHICKEN	HERB CRUSTED FISH WITH CREAM SAUCE	CHICKEN THAI CURRY BONELESS
<b>VEGETARIAN (1)</b>	SWEET & SOUR VEGETABLES	VEGETABLE HOTPOT	SICILIAN ROAST CAULIFLOWER	BRIAM (GREEK VEGETABLE BAKE)	VERDURA MISTA (SMOKEY GRILLED VEGETABLES)
<b>RICE/POTATO/VEGETABLE - VEGETARIAN</b>					
<b>RICE</b>	STEAMED WHITE RICE	HERB RICE	ORIENTAL RICE	MUSHROOM RICE	VEG FRIED RICE
<b>VEGETARIAN (2)</b>	PARSLY CARROTS	GARLIC BROCCOLI	CAPONATA	CAULIFLOWER POLOGANAISE	BUTTERED PEAS & CORN
<b>LIVE PASTA a la carte station (12aed)</b>					
<b>PASTAS</b>	PASTA - SPAGHETTI	PASTA - TRICOLOUR PENNE	PASTA - BOWTIE	PASTA - TRICOLOUR FUSSILI	PASTA - PENNE
<b>SAUCES</b>	CHICKEN & CILANTRO SAUCE	TOMATO BASIL SAUCE	PUTTANESCA SAUCE	TOMATO MUSHROOM & MINT SAUCE	CHICKEN BOLOGNESE
	MINT PESTO SAUCE (no nuts)	MORNAY SAUCE	ALFREDO SAUCE	GARLIC BUTTER SAUCE	BASIL CREAM SAUCE
<b>YOUR CHOICE OF JUICE</b>					
<b>JUICE</b>	APPLE JUICE	COCKTAIL JUICE	MANGO JUICE	APPLE JUICE	ORANGE JUICE
<b>OR MILK</b>					
<b>MILK</b>	MILK - LOW FAT	MILK - LOW FAT	MILK - LOW FAT	MILK - LOW FAT	MILK - LOW FAT
<b>WATER</b>					
<b>WATER</b>	WATER	WATER	WATER	WATER	WATER

CAFETERIA MENUS

## MIDDLE/HIGH SCHOOL MENU



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>MAIN COURSE</b>					
<b>MAIN PROTEIN 1</b>	BONELESS CHICKEN CURRY	CHICKEN A LA KING	LEMON CHICKEN	CHICKEN STIR-FRY WITH VEGETABLES	CHICKEN THAI CURRY BONELESS
<b>MAIN PROTEIN 2</b>	IRISH BEEF STEW	GRILLED FISH WITH PINEAPPLE SALSA	CHICKEN TIKKA MASALA BONELESS	BEEF STEW WITH WHITE BEANS	OVEN ROAST BONELESS CHICKEN WITH BBQ SAUCE
<b>MAIN PROTEIN 3</b>	GRILLED FISH W/PAPAYA SALSA	CRISPY FISH TENDERS WITH TARTARE SAUCE	FISH THERMIDOR	HERB CRUSTED FISH WITH CREAM SAUCE	FISH TERIYAKI
<b>VEGETARIAN (1)</b>	SWEET & SOUR VEGETABLES	VEGETABLE HOTPOT	SICILIAN ROAST CAULIFLOWER	BRIAM (GREEK VEGETABLE BAKE)	VERDURA MISTA (SMOKEY GRILLED VEGETABLES)
<b>RICE/POTATO/VEGETABLE - VEGETARIAN</b>					
<b>RICE</b>	STEAMED WHITE RICE	HERB RICE	ORIENTAL RICE	MUSHROOM RICE	VEG FRIED RICE
<b>POTATOES</b>	POMMES LYONNAISE	ANNA POTATOES	GARLIC POTATOES	SCALLOPED POTATOES	SCHEZWAN CHILI POTATO
<b>VEGETARIAN (2)</b>	PARSLY CARROTS	GARLIC BROCOLLI	CAPONATA	CAULIFLOWER POLOGANAISE	BUTTERED PEAS & CORN
<b>LIVE PASTA a la carte station (12aed)</b>					
<b>PASTAS</b>	PASTA - SPAGHETTI	PASTA - TRICOLOUR PENNE	PASTA - BOWTIE	PASTA - TRICOLOUR FUSSILI	PASTA - PENNE
<b>SAUCES</b>	CHICKEN & CILANTRO SAUCE	TOMATO BASIL SAUCE	PUTTANESCA SAUCE	TOMATO MUSHROOM & MINT SAUCE	CHICKEN BOLOGNESE
	MINT PESTO SAUCE (no nuts)	MORNAY SAUCE	ALFREDO SAUCE	GARLIC BUTTER SAUCE	BASIL CREAM SAUCE
<b>SALAD BAR - PRE PACKED (1=6aed, 2=10aed, 3=14aed)</b>					
<b>PROTIEN SALAD</b>	GRILLED FISH SALAD	THAI BEEF SALAD	MEXICAN BEEF TACO	GREEN SALAD	THAI GREEN CHICKEN SALAD
<b>VEG SALADS</b>	CHEF'S MIX SALAD	BEAN'S SPROUT SALAD	RED & WHITE COLESLAW	FATOUCHE SALAD	GARDEN SALAD
	FATTOUSH SALAD	WATERMELON SALAD	MEXICAN 3 BEAN SALAD	BEETROOT SALAD	TABOULEH
<b>SALAD BAR - MAKE YOUR OWN, SMALL PACK (1=6aed, 2=10aed, 3=14aed) - VEGETARIAN</b>					
<b>CONDIMENTS</b>	TOMATO	TOMATO	TOMATO	TOMATO	TOMATO
	CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER
	LETTUCE	LETTUCE	LETTUCE	LETTUCE	LETTUCE
	GREEN PEPPER	GREEN PEPPER	GREEN PEPPER	GREEN PEPPER	GREEN PEPPER
	SWEETCORN	SWEETCORN	SWEETCORN	SWEETCORN	SWEETCORN
	SLICED BLACK OLIVES	SLICED BLACK OLIVES	SLICED BLACK OLIVES	SLICED BLACK OLIVES	SLICED BLACK OLIVES
<b>PANINI &amp; SPECIAL WRAPS (13aed) - CHICKEN</b>					
	PANINI W/ CHICKEN & CHEESE	PANINI W/ CHICKEN & CHEESE	PANINI W/ CHICKEN & CHEESE	PANINI W/ CHICKEN & CHEESE	PANINI W/ CHICKEN & CHEESE
<b>DAILY SPECIALS (13aed)</b>					
	CHICKEN FAJITA WRAP	CHICKEN SHAWARMA WRAP	TACOS	CHICKEN QUESADILLA	JACKET POTATO
<b>SMOOTHIES (10aed)</b>					
	MANGO	MANGO	MANGO	MANGO	MANGO
	STRAWBERRY	STRAWBERRY	STRAWBERRY	STRAWBERRY	STRAWBERRY
	BANANA	BANANA	BANANA	BANANA	BANANA

# CAFETERIA MENUS

